

Assessments for the Aspirants for Ordination into the Diocese of the Carolinas

The Aspirant for Holy Orders will take a variety of assessments. Two (the MCMI and the PAI) will be provided by a qualified Psychologist, Dr. Mark Bolte, PsyD. The other assessments, will be given by Pamela Helland, MA. And they can be taken online. After the assessment results have returned, Pamela Helland will be leading the sessions for the aspirant. If video consultation is requested, Dr. Bolte will direct the session for the taking of the MCMI and the PAI. Then Mrs. Helland will direct the administration of the other inventories and the follow up sessions. A summary of the sessions will be sent to the Office of the Diocese.

CernySmith: this assessment measures the stress in fifteen areas of one's life. "The goal is to help people to adjust and change during times of transition. Failure to adapt is costly, and successful adjustments do not come easy. Adjustment takes time, commitment, skill, and energy. We realize that healthy adjustments lead to greater satisfaction, increased productivity, and general well-being."

Cost: \$65

Keirsey Temperament: this is an assessment that measures behaviour and not just personality. **Cost: \$100**

Northpoint Spiritual Pathways Assessment: Spiritual pathways help us identify the ways we most naturally connect with God. This *Sacred Pathways Survey* will help you to better understand yourself and your relationship with God, your strengths and your weaknesses, what to do in times of stress, and how to challenge yourself. **Cost: Free**

Prepare/Enrich Marriage Assessment: this inventory is to help couples to gain insights and skills to promote healthy marital relationships. Using this assessment will help to see how the couple view their position in ministry. **Cost: \$45**

Taylor-Johnson Temperament Assessment (T-JTA): this assessment identifies the individual's strengths as well as areas in which they need improvement. "This tool is not designed to measure mental abnormalities in psychiatric terms, but it does measure temperament and personality patterns or indication of problems." **Cost: \$75**

Each Aspirant will meet with Mrs. Helland for 3 – 4 sessions over a six to seven-week period of time. An extra session will be scheduled to take two of the Psychological assessments which need proctoring. The other sessions include walking through the results and one session with the spouse.

The total cost for this process will be as follows:

If the Aspirant is married and the sessions are in person: \$650

If the Aspirant is not married and the sessions are in person: \$605

If the Aspirant is married and the sessions are through Zoom: \$715

If the Aspirant is not married and the sessions are through Zoom: \$670

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